

August 21, 2015

Company: Industrias Alen Eveliza
Item: Quinoa and Amaranth Compound
Net Wt: 800 g

NUTRITON ANALYSIS

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Basic Components			Vitamin D - mcg (mcg)	0	0
Calories (kcal)	73.88	369.39	Vitamin E - IU (IU)	0.56	2.79
Protein (g)	2.78	13.92	Folate (mcg)	27.61	138.07
Carbohydrates (g)	12.92	64.60	Vitamin K (mcg)	0	0
Dietary Fiber (g)	1.37	6.86	Pantothenic Acid (mg)	0.22	1.08
Total Sugars (g)	1.43	7.17	Biotin (mcg)	0.00	0.01
Fat (g)	1.30	6.50	Minerals		
Saturated Fat (g)	0.21	1.05	Calcium (mg)	19.46	97.31
Mono Fat (g)	0.33	1.64	Sodium (mg)	0.96	4.80
Poly Fat (g)	0.61	3.06	Iron (mg)	1.18	5.90
Trans Fatty Acid (g)	0	0	Chloride (mg)	0.15	0.76
Cholesterol (mg)	0	0	Copper (mg)	0.11	0.56
Water (g)	2.48	12.38	Iodine (mcg)	--	--
Ash (g)	0.52	2.61	Magnesium (mg)	44.02	220.10
Gram Weight (g)	20.00	100.00	Manganese (mg)	0.52	2.62
Vitamins			Phosphorus (mg)	100.30	501.50
Vitamin A - IU (IU)	13.01	65.03	Potassium (mg)	107.87	539.34
Vitamin B1 (mg)	0.05	0.25	Selenium (mcg)	2.62	13.08
Vitamin B2 (mg)	0.05	0.27	Zinc (mg)	0.60	2.99
Vitamin B3 (mg)	0.25	1.26	Poly Fats		
Vitamin B6 (mg)	0.11	0.54	Omega 3 Fatty Acid (g)	0.04	0.19
Vitamin B12 (mcg)	0.00	0.01	Omega 6 Fatty Acid (g)	0.57	2.87
Vitamin C (mg)	0.38	1.89			

Nutritional values shown represent the composition of this product based on data submitted by the manufacturer and their suppliers. Nutritional values are based on the product formulation and is comprised of data compiled from the United States Department of Agriculture and suppliers. NutriData guarantees the accuracy of the analysis based on the information supplied by the manufacturer(s). As a mutual protection to clients, the public and ourselves, all reports are submitted as the confidential property of the client.

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NUTRITION FACTS

Nutrition Facts	
Datos de Nutrición	
Serv. Size 1 package (20g) Ración 1 paquete (20g) Servings 40 / Raciones 40 paquete	
Amount Per Serving / Cantidad por Ración	
Calories / Calorías 70	Fat Cal. / Cal. de Grasa 10
	% DV / % VD*
Total Fat / Grasa Total 1.5g	2%
Sat. Fat / Grasa Sat. 0g	0%
Trans Fat / Grasa Trans 0g	
Cholest. / Colest. 0mg	0%
Sodium / Sodio 0mg	0%
Potassium / Potasio 110mg	3%
Total Carb. / Carb. Total 13g	4%
Fiber / Fibra 1g	4%
Sugars / Azúcares 1g	
Protein / Proteínas 3g	
Vitamin A / Vitamina A	0%
Vitamin C / Vitamina C	0%
Calcium / Calcio	0%
Iron / Hierro	6%
Thiamin / Tiamina	4%
Riboflavin / Riboflavina	4%
Vitamin B6 / Vitamina B6	6%
Folate / Folato	6%
Pantothenic Acid / Ácido Pantoténico	2%
Phosphorus / Fósforo	10%
Magnesium / Magnesio	10%
Zinc / Zinc	4%
Copper / Cobre	6%
*Percent Daily Values are based on a 2,000 calorie diet. *Los Porcentajes de Valores Diarios están basados en una dieta de 2,000 calorías.	

INGREDIENTS: Quinoa, Amaranth, Seaweed (brown algae) Extract.

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